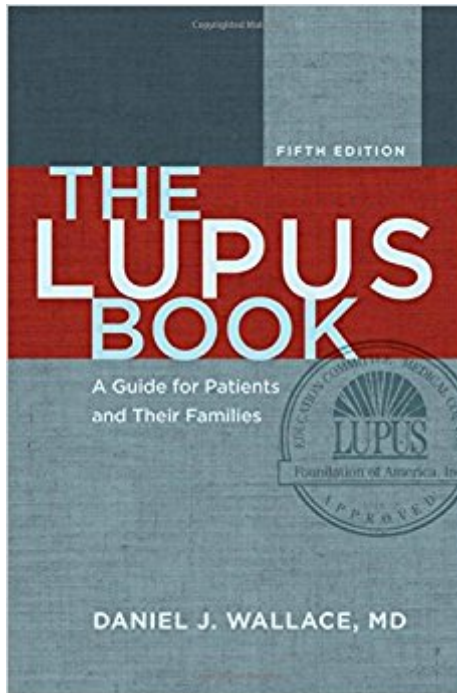




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# The Lupus Book: A Guide For Patients And Their Families



## Synopsis

Lupus, a disease of the immune system, can be quite deadly, claiming the lives of thousands of patients yearly. Dr. Daniel J. Wallace is one of the world's leading authorities on this disorder, an eminent clinician who has treated over 3000 lupus patients, the largest such practice in America. His *The Lupus Book*, originally published in 1995, immediately established itself as the most readable and helpful book on the disease. Now Dr. Wallace has once again completely revised *The Lupus Book*, incorporating a wealth of new information. This Fifth Edition discusses new drug information and newly discovered information about the pathology of the disease--all laid out in user-friendly language that any patient could understand. In particular, Wallace discusses the first drug for Lupus to be approved by the FDA--belimumab (Benlysta)--as well as other drugs in clinical trials. Readers will also discover fully updated sections on the science of lupus and breakthroughs in research. And as in past editions, the book provides absolutely lucid answers to such questions as: What causes lupus? How and where is the body affected? Can a woman with lupus have a baby? And how can one manage this disease? Indeed, Dr. Wallace has distilled his extensive experience, providing the most up-to-date information on causes, prevention, cure, exercise, diet, and many other important topics. There is also a glossary of terms and an appendix of lupus resource materials compiled by the Lupus Foundation of America. Over a million Americans have lupus. The new Fifth Edition offers these patients and their families an abundance of reliable, up-to-date information that will help them manage the disease and live a happier life.

## Book Information

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## Customer Reviews

"The brand-new edition of this popular title by internationally recognized lupus expert Dan Wallace has all the necessary information for patients and their families....The Lupus Book is highly regarded for the author's ability to explain a complicated disease in easy-to-understand terms that offer a concise, practical overview of lupus."--LUPUS NOW "This is an excellent reference for lupus patients and their families. It is useful to have to answer specific questions as well as to provide background information. This is the most in-depth review that I have seen that is easily readable for patients and their families."--Jill Gibson, MD, Washington University Medical Center, as reviewed in Doody's Y"Patients and their family members who seek more detail than most consumer-level books and online patient information will find this a beneficial resource." -- Library Journal, Dana Ladd, Community Health Education Ctr., Virginia Community Univ Libs., Richmond

Daniel J. Wallace, MD is a Clinical Professor of Medicine at the David Geffen School of Medicine at UCLA based at Cedars-Sinai Medical Center in Los Angeles. His many books include All About Fibromyalgia and All About Osteoarthritis (with Nancy Lane).

There are 2 books I would have any lupus patient buy and use as an on going reference. The Lupus Book is one. The Lupus Encyclopedia is the other. The lupus book answered questions the other didn't and vice versa. Both are written by Rheumatologist. Dr. Wallace's book gives a deep explanation of the disease and what's behind the way it is managed. Whereas the Lupus Encyclopedia is more focused on patient friendly lupus management advice. I was diagnosed with lupus this year and found I turned to both of them over and over again. There are many sections in the Lupus Book I have reread as my understanding deepens. So don't expect to read it once and be done. It really is a meaningful reference to have on hand. This is a deep and wide disease. Don't expect any one book to give you everything.

A must-read reference book for all Lupus sufferers, Dr. Wallace explains everything that your doctor failed to explain. He also provides interpretation for all the various tests that are performed. I suggest reading it through--even if you do not understand it all--just so you know what is available, and then using it as a reference, especially when you visit your physician.

I bought this book for my wife who has been diagnosed with this condition. It was recommended by another person who had read the original 1995 version. My wife reads it daily browsing through it

and looking at things. She says it is better than the older addition and contains far more up-to-date information. It has answered many of her questions and given her confidence in dealing with the condition. There are no negatives with this book. We would recommended it as essential reading for anyone diagnosed with the condition, which I might add is different for each person. If you want a round opinion and information to contemplate, it is well worth the read.

After a myriad of symptoms, a very good friend recently undertook the blood test to determine whether she had Lupus. While waiting for the results I purchased this book for her to help her prepare for what lies ahead. I gave this a five star rating because we found so many answers and helpful guides in dealing with doctors, medications, and symptoms. Would recommend this book to patients and caregivers alike to those affected by this disease.

I purchased this book when my 30 year old daughter was diagnosed with Lupus. Her doctor recommended that we read this book and nothing else. It explains the disease in a way that I can understand. Having this knowledge has helped us deal with Lupus and continues to be our "go to" in helping us understanding what our daughter is going through. This information has eased our original feelings of panic upon diagnosis. We know that it isn't curable but it is "treatable".

This updated version does an excellent job presenting the latest scientific data and physiological information available in a manner detailed enough to interest those with an extensive medical training, yet straight forward and simply stated to not glaze over the eyes of those with no science background. It tackles the hard questions that only an extensive hands on author can genuinely address. As a family practice doctor who has experienced SLE first hand as both the "care-taker" and "cared-for", I was thrilled to come back to an old friend in the pages of "The Lupus Book" and find that Dr. Wallace had refreshed both his personal insights as well as presented such a comprehensive update of clinical research. When frustrated about the "unknowns" concerning autoimmune diseases, pick up a copy of the Original version and REJOICE regarding how far we have come. Also reading "Coping with Lupus: A Practical Guide to Alleviating the Challenges of SLE" by R.H. Phillips, PHD will provide a full spectrum reference resource to empower the reader while facing the "Wolf".

This is Dr. Wallace's update of his long-time lupus book. I have had the original since it came out in 1995. He explains everything so you can understand what is happening with this invisible chronic

illness. When I was diagnosed in 1985 I had never even heard of Lupus and neither had any of my friends. This book has been an real blessing for me. I do not reccommend you read the entire book, as you might be overwhelmed when you see so many types of lupus problems. Rather, use it like an encyclopedia and if you have lupus kidney disease, only look up that part of lupus and try to deal with just that. Also, please remember no one's lupus is the same, what happened to me probably will not happen to you. Find a rheumatologist that has a history of treating lupus patients. Learn about your blood work and see your doctor when you don't feel well, even if the symptom is only that you are tired.

Lupus takes many forms and Systemic Lupus is very complex. This book has been very helpful in understanding the many problems of a Lupus patient. While there are few answers for a Lupus patient, the book provides an excellent guide. I am the caretaker of my spouse, who went from few symptoms to a full blown case of SLE with Sjogren's. Currently have 7 doctors with the major players being a Rheumatologist, Pulmonologist and Internist. This book has been a major resource in understanding what is happening.

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Lupus Recovery Diet - The Natural Lupus Recovery Solution: (Recover from Lupus with the Lupus Recovery Diet) The Lupus Book: A Guide for Patients and Their Families The Lupus Encyclopedia: A Comprehensive Guide for Patients and Families (A Johns Hopkins Press Health Book) Navigating Through A Strange Land: A Book for Brain Tumor Patients and Their Families Bone Marrow Transplants: A Guide for Cancer Patients and Their Families Invasion of the Prostate Snatchers: An Essential Guide to Managing Prostate Cancer for Patients and their Families Macular Degeneration: A Complete Guide for Patients and Their Families A Parkinson's Primer: An Indispensable Guide to Parkinson's Disease for Patients and Their Families Psychiatric Drug Withdrawal: A Guide for Prescribers, Therapists, Patients and their Families Getting Well Again: A Step-by-Step, Self-Help Guide to Overcoming Cancer for Patients and Their Families Dialysis without Fear: A Guide to Living Well on Dialysis for Patients and Their Families All About Fibromyalgia: A Guide for Patients and Their Families Dubois' Lupus Erythematosus and Related Syndromes E-Book: Expert Consult - Online (Dubois Lupus Erythematosus) The Lupus Recovery Plan: Healthy Nutrition To Treat Lupus Naturally (Healthy Nutrition and Living Book 1) Coping with Lupus: A Guide to Living With Lupus for You and Your Family The Lupus Guide: An education on and coping with Lupus Coping With Lupus: A Practical Guide to Alleviating the Challenges of Systemic Lupus Erythematosus The Shared Experience Of Illness: Stories of Patients, Families, and Their Therapists Psychosocial

Nursing: Care of Physically Ill Patients & Their Families The Lupus Diet Plan: Meal Plans & Recipes to Soothe Inflammation, Treat Flares, and Send Lupus into Remission

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